

Sangter Tulku Rinpoche

Date	Topic	Empowerments
12 – 13 January, 2008	GRABNIK - Introduction to Mahamudra practice based on "The Short Dorje Chang Prayer"	
30 January - 5 February, 2008	Gutor	
7 February, 2008	Losar - Tibetan New Year, Amitabha tsok puja	
9 February, 2008	Warsaw: Losar - Tibetan New Year, Milarepa tsok puja	White Tara
23 - 24 February, 2008	Guru Rinpoche practice "The rain of blessings"	Guru Rinpoche
8 - 9 March, 2008	Kye rim and dzog rim - teachings on Vajrayana practice	
29 - 30 March, 2008	Chod practice, Milam Lungten	
19 April - 4 May, 2010	Teachings on Six Paramitas	Black Yamantaka
1 - 3 May, 2010	Gonkar - White Mahakala practice	Gonkar
4 - 5 June, 2011	Guru Rinpoche practice "The rain of blessings"	Guru Rinpoche
25 June - 3 July, 2011	Chod practice	Chod
25 August - 4 September, 2012	Summer seminar ("4 Dharmas of Gampopa"; teachings on Pure Land of Dewachen; teachings on the text "Shenpa shidral")	Dorje Phurba, White Tara, Amitabha, 2-Armed Hayagriva
5 September, 2012	Ceremony of opening the gates of the first three-year retreat in the Benchen Drubde Osal Ling Poland	
7 - 9 September, 2012	Third Kagyu Monlam Poland	4-Armed Chenrezig
15 - 21 June 2013	Dorje Phagmo Drubpa	Dorje Phagmo

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22 June - 7 July 2013	Summer seminar: Teachings about Vajrayana practice in everyday life; Four Fundamental Meditations, Lojong and Chod - teachings and practice (Milam Lungten); Teachings on Guru Yoga practice; Commentary to the 6-lines prayer to Lama, composed by Karmapa Dusum Khyenpa; Teachings on Guru Yoga and practice of Karma Pakshi; Guru Rinpoche Kunchok Chidu puja	Sang Thig Dorje Phurba, Dorje Sempa empowerment from Marpa Lineage, Chod, Chenrezig Senge Dra, Dolkar (White Tara), Karma Pakshi, Guru Rinpoche Kunchok Chidu, 3 special deities of Marpa (Dorje Sempa, Green Tara and Tsuktor Nampargyalma)
12 - 17 July 2014	Summer seminar: Introduction to combined practice of Chod and bodhicitta; Chod practice	Chenrezig Khorwa Dongtruk; Chod
18 - 20 July 2014	Fifth Kagyu Monlam Poland	Gampopa
5-6 December 2015	Studying of Gampopa's text	
9-10 January 2016	Studying of Gampopa's text, part 2	
16-17 January 2016	Chod Milam Lungten Practice	Chod
13 February 2016	Losar - Celebration of Tibetan New Year	Guru Rinpoche Long Life empowerment (Kunchok Chidu Tsewang)
13-19 August 2016	Summer seminar (Commentary on the text "The Thirty-Seven Practices of the Bodhisattva")	Guru Rinpoche Konchok Chidu; Guru Rinpoche „Sampa Lhundrub”; Chenrezig
9-11 September 2016	The 7th Kagyu Monlam Poland	White Tara
19-24 August 2017	Summer seminar (teachings on "The Four Noble Truths" & "4 Dharmas of Gampopa")	Sang Thik Dorje Phurba; Sang Thik Dorje Sempa
25-27 August 2017	The 8th Kagyu Monlam Poland	1000-Armed Chenrezik
19 August 2018	Consecration of the Stupa containing Kyabje Tenga Rinpoche's Relics	

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18-23 August 2018	Summer seminar (Amitabha practice and Phowa practice; Riwo Sangcho and hanging prayer flags)	Amitabha
24-26 August 2018	The 9th Kagyu Monlam Poland	Medicine Buddha
13-14 July 2019	Khorlo Demchog Empowerment	Khorlo Demchog
24-29 August 2019	Summer seminar (Phowa Practice; teachings on Mahamudra and Dzogchen)	Amitabha
30 August - 1 September 2019	The 10th Kagyu Monlam Poland (A slideshow from previous Kagyu Monlams - to mark the 10th anniversary)	Guru Rinpoche Sampa Lhundrub