



བཀའ་བརྒྱུད་བདེ་དོན་ལྷན་ཚོགས།  
काग्यु कल्याणकारी समिति  
**KAGYU WELFARE COMMITTEE**

Association of Kagyu Monasteries  
Kathmandu, Nepal

**19th NEPAL KAGYU MONLAM  
ANNOUNCEMENT**

We are pleased to notify in the interest of all the participants that Benchen Monastery is coordinating the 19th Nepal Kagyu Monlam from **29th—31st March 2018** in **Benchen Monastery, Chhauni Hospital Road, Swoyambhu**. The dates were fixed on the basis of an unanimous agreement reached by the committee of representatives from Karma Kagyu monasteries.

In response to Kagyu Welfare Committee's fervent request for a teaching during the prayer gathering, **His Eminence Sangyes Nyenpa Rinpoche** has graciously consented to give a session of teaching on **Lojong** (Mind Training) in Tibetan and English on daily basis.

Yours in Dharma,

Kagyu Welfare Committee

